



## Literary Notes: ‘Bookwatch’ Features Daniel’s Guide

Sunday, September 18, 2011

UNC-TV’s “North Carolina Bookwatch” features Diane Daniel’s “Farm Fresh North Carolina: The Go-To Guide to Great Farmers’ Markets, Farm Stands, Farms, Apple Orchards, U-Picks, Kids’ Activities, Lodging, Dining, Choose-and-Cut Christmas Trees, Vineyards and Wineries, and More” Friday, Sept. 23, at 9 p.m. and Sunday, Sept. 25, at 5:30 p.m

### New Book

Whether you believe in ghosts or other aspects of the paranormal, every culture has its folklore, and many people have had an experience they simply can’t explain.

Kala Ambrose decided to investigate for herself and started with the great state of North Carolina. “Ghosthunting North Carolina,” recently released by Clerisy Press, examines 25 of the spookiest haunts, from restaurants and museums to parks and cemeteries, all over the Tar Heel State.

Ambrose explored more than 100 sites and narrowed the list to 25 based on three criteria: historical research that confirmed some of the details of the legend of the site, confirmation of ghost activity at the site over a generous span of time, and her personal experience at each of the sites.

Kala Ambrose is an intuitive empath, wisdom teacher, paranormal researcher, inspirational speaker and voice of “Explore Your Spirit with Kala” show. Ambrose is the author of “9 Life Altering Lessons: Secrets of the Mystery Schools Unveiled,” creator of a trilogy of sacred site meditation CDs and the National Metaphysical Spirituality Writer and the National Haunted History Writer for the Examiner. She is founder of the Rowan Society, a private organization that researches and explores paranormal phenomena. She currently resides in Cary.

### Gathering at Given

Anne Holmes and Susan Brown, local interior designers, will conduct a design workshop at 3:30 p.m. Thursday, Oct. 6, at the Given Memorial Library.

“Bring your problems with interior design, and these ladies will solve them on the spot,” says a spokesman.

This event is free and open to the public.

### Romance Writers

The Heart of Carolina Romance Writers will host a writers’ workshop on “layering and texturing” with Cherry Adair on Oct. 8, from 9 a.m. to 4 p.m. at the Sheraton Imperial RTP Hotel, 4700 Emperor Blvd., Durham.

The cost is \$50 for members, \$55 for nonmembers.

New York Times and USA Today best-selling author Cherry Adair will offering tips to writers on how to improve their writing, through polishing and fine tuning. Adair will present useful information in a succinct fashion, for writers to apply immediately to their writing.

From 4 to 5 p.m., there will be a multi-author book signing featuring Adair, Sabrina Jeffries, Katherine Ashe, Alexandra Kane, Deb Marlowe and others. That event is free and open to the public.

For information, email [pr@heartofcarolina.org](mailto:pr@heartofcarolina.org).