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December 7, 2010

## Egyptian Mystery Temple

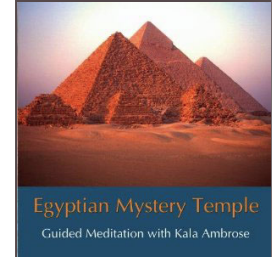
Kala Ambrose  
2009

You can't always go to Egypt or partake in an ancient mystery temple ceremony. But thanks to esoteric guide and psychic consultant Kala Ambrose, however, you may. As Lao Tzu once said, "Without going out of your door, you can know all things on earth." So let Ambrose be that friend who gets you by the guardians at the gates of your inner *Egyptian Mystery Temple*. Even though she's an acclaimed teacher who has seen auras and spirit energy from birth, and her work encompasses elements of esoteric-mystery school teachings, Ambrose keeps the adventure light and soothing, even providing moments during which anyone who feels they are not ready can quietly slip back to physical reality.

"The mysterious land of Egypt has been calling to your soul. She is asking you to visit her again," Ambrose notes. "Aware of this calling, you prepare for your mystical journey." While grounded drones and quiet music play in the background, Ambrose gently and lovingly helps us craft a protective "pyramid of white light" around ourselves before guiding us to our inner temple. There, she introduces us to spirit guides such as Hathor, the horned woman, who translates ancient engravings and shows us to the temple where we're soon being cleansed in mineral-enriched, energy field-purifying water.

Some might say meditation visualizations don't work for them, or that their inner mind's-eye visions aren't clear enough, but Ambrose rightly notes: "There is no wrong way to follow this meditation. It is what it is needed to be." Her sultry voice extends end consonants to lull you into a benign trance, like a combination mom, girlfriend/BFF, hypnotist, and loving nurse. Who better to take you into the sometimes foreboding temple that's been in you all along? As your guide translates the inscription on the door ("There is no magic greater than the power that lies inside. This power is within and so without"), you can feel it to be true, and Kala Ambrose has shown the way to the *Egyptian Mystery Temple* that is in us all: "As it is expressed from above, it is received so below. So it is written, so shall it be."

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**Egyptian Mystery Temple**  
Guided Meditation with Kala Ambrose

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