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The Explore Your Spirit with Kala Show

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It's Not Just Lunch - HobNob with Today's Authors and Invest in Tomorrow's Young Stars - Join NC Author Kala Ambrose and Raise Money for Scholarships

Wilmington and Raleigh, NC, June 04, 2010 --(PR.com)-- Join North Carolina author Kala Ambrose along with fourteen other NC authors at the annual 'Lunch with an Author' event as they 'pay it forward' and invest in future generations of writers. This special event will be held on Thursday, June 10, 2010 from 11:30 am to 2:00 pm in Wilmington, NC, at Cape Fear Community College. Tickets to the Lunch with an Author event are \$50 and proceeds from the event provide scholarships to students majoring in Creative Writing at Cape Fear Community College.

The event includes a ticket to enjoy lunch with an author at their table, along with an autographed copy of their book, a souvenir tote bag, a meet and greet with all the authors and a Keynote Address by Andrew Young, author of 'The Politician: An Insider's Account of John Edwards's Pursuit of the Presidency and the Scandal That Brought Him Down.'

Author Ambrose will be presenting her book, 9 Life Altering Lessons: Secrets of the Mystery Schools Unveiled. Noted metaphysical teacher, business intuitive, inspirational speaker, author and host of the highly acclaimed talk show - Explore Your Spirit with Kala (www.ExploreYourSpirit.com), Kala Ambrose's wisdom teachings are described as discerning, empowering and inspiring. Whether she's speaking with world-renowned experts on the Explore Your Spirit with Kala Show, writing about metaphysical and paranormal topics, reporting on new discoveries in the scientific and spiritual arenas or lecturing and teaching to groups around the country, fans around the world tune in daily for her inspirational musings and lively thought-provoking conversations.

Kala Ambrose is an award-winning author, voice artist of a trilogy of guided meditation cd's and a columnist for the Examiner as the National Metaphysical Spirituality Writer. Described as a highly interactive teacher on a mission to educate, entertain and inspire, Kala explains her mission regarding her work as... "Spirit does not exist in just one location; rather it is all encompassing, living within and amongst us in each moment, thought and action. I believe that Spirit is raised to its highest level, when individuals gather with wisdom, compassion and a discerning desire to provide service to humanity. Let us gather together each day as we Explore Your Spirit."

Kala lectures around the US including teaching a three-day workshop entitled: Energy Anatomy: Exploring and Healing Your Auras and Chakras on July 23-25, 2010 at the prestigious Omega Institute in New York. She lectures on the Wisdom Teachings of Ancient Egypt and Greece, Developing Your Business Intuition, Auras, Chakras and Energy Fields, and Wise Woman Wisdom.

More information about the Lunch with an Author event including how to purchase tickets at www.lunchwithanauthor.com

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